Washoe County Phase 2 Guidance

The document outlines the requirements for specified business and industry operations in Washoe County to reopen under Phase 2 of the State of Nevada Roadmap to Recovery in accordance with the directives from the Governor’s Office.

The intent of this document is to supplement guidelines and protocols issued by the State and supplement the information in the Washoe County Phase 1 Guidance document. The goal is to provide guidance to employers, employees, and the general public to curtail the spread of COVID-19 during the gradual reopening of our economy and support our regional businesses.

Businesses contained in this guide may reopen or expand services, per the Governor’s directive, beginning Friday May 29, 2020. The Governor’s directive indicates that Phase 2 will continue until June 30, 2020. At or before that time, Governor Sisolak and his team will reevaluate the public health situation and the spread of COVID-19 and may consider continuing to reopen businesses or may roll back some of the openings. It will be up to individual businesses to determine if they are ready to open on May 29, 2020 or if they chose to open later.

Unless specifically suspended by the applicable governing agency, all other laws and regulations that normally govern business operations remain in effect during the public health emergency.

COVID-19 testing for anyone showing symptoms should call the REMSA Triage Line (775.328.2427 select option 2) to be risk assessed for testing. COVID-19 testing for community members can be arranged by calling the REMSA Triage Line (775.328.2427 select option 2).

Unsafe Homes: Individuals who feel unsafe in their homes/residences or are victims of domestic violence should contact one of the Washoe County resources found HERE.
Individual Guidance – Phase 2

- The public is still strongly encouraged to continue staying home and limit trips as much as possible to mitigate the spread of Covid-19
- **Face coverings** strongly encouraged in public or around persons from other households
- General public encouraged (but not required) to stay home
- Limit public gatherings to **up to 50 people with social distancing and face masks**
- Maintain **6 ft of social distancing** with non-household members
- Visits to **senior living facilities**, long-term care facilities, nursing homes, and hospitals prohibited
- If tested positive must stay at home/quarantine for two weeks
- **Vulnerable populations** should stay at home including those:
  - 65 years and older;
  - With chronic lung disease or moderate to severe asthma;
  - With serious heart conditions;
  - That are immunocompromised;
  - That are pregnant; and
  - Determined to be high risk by a licensed healthcare provider
- **Travel guidelines** remain in place
- Adhere to self-quarantine and monitor health for 14 days after arriving/returning to Nevada

Guidance

Adhere to "Social Distancing" measures
- maintaining at least six (6) feet of space from other individuals

"Sanitation Requirements" or "sanitation measures":
- Washing hands with soap and water for at least twenty (20) seconds as frequently as possible or using hand sanitizer
- Covering coughs or sneezes (into the sleeve or elbow, not hands)
- Regularly cleaning high-touch surfaces
- Not shaking hands

Confirmed / Symptomatic Cases

- Immediately **isolate** the individual – seek **medical care** if necessary
- Contact the **Washoe County Health District at (775) 328-2427** about suspected cases or exposure
**Business / Employer Guidance – Phase 2**

**Mandatory:**
- All employers shall require employees who interact with the public to wear face coverings, to the maximum extent practicable
- Adopt an OSHA plan (to include social distancing and sanitation measures) to prevent COVID-19 and obey directives. Staff must be trained on the business’ plan. The business’ plan does not need to be submitted to any permitting organization but must be available upon request by the state/regional licensing/permitting agency for the business type. The business’ plan for ensuring employee/customer safety must be prominently displayed for all to see in public and employee spaces.

**Guidance:**
- Mandate employees and encourage customers to wear face coverings
- Encourage telework when possible and feasible with business operations.
- If possible, return to work in phases
- Close common areas where personnel are likely to congregate and interact or enforce strict social distancing protocols
- Ensure sick leave policies are flexible/non-punitive (follow guidance from the Nevada Labor Commissioner regarding sick leave policies)
- Strongly consider special accommodations for staff who are members of a vulnerable population
- Consider employee symptom self-assessment (fever, cough or shortness of breath)
- Strongly encourage sick employees to stay home until fever/symptom free
- Promptly separate employees who appear to have acute respiratory illness symptoms
- Frequently perform enhanced environmental cleaning of commonly touched surfaces per CDC guidelines
- Implement separate operating hours for the elderly and vulnerable customers
- Designate with signage, tape or by other means, six feet of spacing for employees, customers, clients or members to maintain appropriate distance
- Have hand sanitizer, and sanitizing products, readily available for employees and customers

*Must* take proactive measures to ensure compliance with the social distancing and sanitation requirements, including, where possible, the following:

- Designate Six-Foot (6) Distances: designating with signage, tape or by other means, six (6) feet of spacing for employees, customers, clients or members to maintain appropriate distance
- Hand Sanitizer and Sanitizing Products: having hand sanitizer (minimum 60% alcohol), and sanitizing products, readily available for employees and customers
- Separate Operating Hours for Vulnerable Populations: implementing separate operating hours for the senior and vulnerable customers
- Online and Remote Access: posting online whether a facility is open and how best to reach the facility and to continue services by phone or remotely
Businesses that May Reopen with Restrictions in Phase 2
(Per the Governor’s Executive Order effective May 29, 2020)

Please find one-page, industry specific detailed guide sheets at end of this document and links on the covid19washoe.com website. General guidance by industry provided below:

**Gyms & Fitness Facilities (including studios):**
- Members and capacity limited to 50% of applicable fire code allow for social distancing including equipment adequately spaced or listed as “closed” as necessary to ensure distancing
- Classes limited to number of participants to ensure distancing
- Face coverings required by employees when practicable
- Locker rooms, break areas, showers, steam rooms, hot tubs and other communal facilities closed until further notice (restroom excluded)
- No contact sports allowed (basketball, boxing, martial arts, and wrestling)

**Body Art Establishments:**
- Services by appointment only and waiting customers shall wait outside, socially distanced
- Face coverings required by employees; customers and clients to wear coverings to the extent practicable
- No body art or piercing may be done around the nose or mouth
- Employees to be screened for symptoms including temperature check
- Partitions are strongly encouraged between stations and must be at least 6 ft. apart if no wall or partition between chairs/workstations - see additional state and local guidelines in the industry section of this document

**Faith-Based Services (including weddings, funerals, etc.):**
- Communities of worship are strongly encouraged to continue to offer online telecommunication tools and drive-up options to conduct services or other operations and are discouraged from operating in person. If a Community of worship elects to conduct in-person services, the following rules must be followed:
  - Seating arranged to allow for social distancing and restricted to no more than 50 people with face coverings required for anyone above the age of 2 years old (with the exception of readers, song leaders when appropriate) and officiants within 6 ft. of others
  - Refrain from physical contact of any type and no shared food or drink, including communion, allowed
- Weddings, funerals, baptisms, and initiations are permitted if the services can be performed following the guidelines contained in this section
Bars, Wineries, Pubs, and Breweries that DO NOT serve food:
- May open and operate at no more than 50% allowed occupancy based on applicable fire code. Bartenders and employees must wear face coverings
- Table service must adhere with 6 ft. distancing
- Bar seating will ONLY be allowed with proper distancing
- Billiards, darts, video games, dancing, communal spaces, etc. shall be closed during Phase 2
- Waiting customers shall be socially-distanced outside with signage
- Customer sitting a table only served via table service - may not order from bar top area

Skin Care Salons:
- May open under protocols set forth by the Nevada Board of Cosmetology and include services such as facials, eyelash services, hair removal, esthetician, and tanning
- Partitions are strongly encouraged between stations and must be at least 6 ft. apart if no wall or partition between chairs/workstations
- Services by appointment only and waiting customers shall wait outside, socially distanced
- Face coverings required by employees; customers and clients to wear coverings to the extent practicable
- Businesses must follow the Enhanced Sanitation Guidelines for Salons in Response to COVID-19 issued by the Nevada Board of Cosmetology
- Steam rooms, saunas, salt therapy rooms, hot tubs and other communal facilities are not allowed in Phase 2 (except pools – see Aquatic Facilities)

Massage:
- Face coverings must be worn at all times by therapists, and staff; clients should wear face coverings to the extent practicable
- Intake screening, via client intake forms to be conducted prior to treatment
- Out-call and/or in-home service may be provided – to follow same protocols as establishments
- Sanitization guidelines strictly adhered to per state guidelines NAC 640C.200-360 and conducted between each client with linens properly sealed/treated
- See additional state and local guidelines in the industry section of this document
Businesses that May Reopen with Restrictions in Phase 2, Continued

Aquatic Facilities / Swimming Lessons:
- Apartment complex, HOA, and pools at hotels/motels/timeshares will be allowed to operate with capacity limited to no more than 50% occupancy based on fire code with 6 ft. social distancing required in and around the pool area (may include removal/spacing of lounge furniture)
- Hot tubs shall be closed during Phase 2 or until further guidance
- Locker room restrictions should be enforced to avoid gathering
- Swim lesson facilities should be limited to no more than 50% occupancy based on fire code with 6 ft. social distancing required in and around the pool area
- Face coverings for employees but do NOT use face coverings in water
- Attendees encouraged to bring their own towels, equipment, arrive/leave wearing swimsuit
- Public aquatic venues with locker rooms must be limited to access for only public restrooms and shower facilities, which should be cleaned regularly
- Deck layouts and furniture must be arranged to ensure that in the standing and seating areas individuals can remain at least six feet apart

Trade/Technical Schools:
- May reopen and operate at no more than 50% of allowed occupancy based on fire code
- Distance learning continued to be encouraged for classes; in person classes must be spaced for 6 ft. distance and masks for attendees/instructors are required
- Keep a log of attendee contact information and conduct temperature/symptom checks
- Disinfect classrooms and materials and provide hand sanitizer stations
- Classrooms for children remain closed in alignment with statewide schools

Indoor Venues / Galleries / Movie Theatres / Bowling Alleys / Arcades
- May open/operate at no more than 50% of allowed occupancy based on applicable fire code and maintaining six feet of social distancing
- Close all interactive and/or hands-on exhibits
- Face coverings required
- Indoor Malls may reopen and operate at no more than 50% occupancy per fire code, including no more than 50% capacity within each individual retail store, which must comply with all the retail business restrictions, including six feet social distancing.
  - Face coverings are required for employees interacting with the public and are strongly encouraged for all customers
Businesses that May Reopen with Restrictions in Phase 2, Continued

- Mall operators will be responsible for prohibiting customers from sitting or lingering in any congregation areas (inside or outside) of an indoor mall (except for food court - below); benches and seating areas shall be closed.
- Food Courts may only operate at 50% capacity and under other restaurant restrictions.

Outdoor Venues / Galleries / Zoos / Miniature Golf / Amusement Parks / Climbing Walls / Racetracks

- Does NOT include live performances with spectators.
- May open/operate at no more than 50% of allowed occupancy based on applicable fire code and maintaining six feet of social distancing.
- Water parks will be allowed to operate.
Continue to Operate Under Pre and Phase 2 Standards

- **Grocery Stores:** Will still not be allowed to offer self-serve food options such as salad bars and unpackaged dry goods, like nuts, seeds, coffee, etc. Stores can still pre-package these items and sell them, but they can no longer remain open for self-service. Cap at 50% of store capacity based on local fire code to maximize spacing between customers. Staff should maintain a count of the number of customers exiting and entering stores.

- **Recreational areas:** Local governments shall continue limiting the general public's use of shared recreational equipment, including playground equipment, basketball courts, volleyball courts, baseball fields, beaches, or football fields in a manner that causes the congregation of 50 or more persons contrary to best COVID-19 disease mitigation social distancing practices.

- **Golf, tennis, and pickleball activities:** May continue to operate as long as they comply with social distancing, sanitation, and other requirements to prevent the spread of COVID-19.

- **State parks:** Continue as day use only and **now with restrictions on overnight stays.**

- **Beverage production facilities** (e.g. breweries, distilleries, and wineries): without food service options may now open at 50% maximum capacity/distancing and may continue to manufacture product and can continue curbside and/or pick-up operations. **NO** serving for consumption on the premises. Many of these are licensed and permitted as Bars.

- **Restaurants:** strongly encouraged to continue reservations, curbside, delivery, and/or pickup operations. Continue dine-in and waiting areas under **existing strict social distancing** requirements. Self-service stations remain “not permitted”. Bar seating will be allowed with social distancing restrictions.

- **Pubs, Wineries, Bars, Breweries that serve food:** strongly encouraged to continue curbside pick-up/carryout and **may open** based on **general restaurant restrictions**; bar-tops now open to drinking and eating with social distancing measures enforced.

- **Retail:** employees should wear masks/face coverings and encourage customers to as well. Continue to promote and continue online or call-in ordering and curbside delivery. Continue to limit number of customers to no more than 50% of allowed occupancy. See guidance on open air and indoor malls as well as vehicle dealerships on the [State of Nevada website](https://www.nevada.gov).
Continue to Operate Under Pre and Phase 2 Standards, Continued

- **Barber Shops, Hair and Nail Salons**: continue to operate under strict social distancing requirements with partitions between workstations strongly encouraged. Services by appointment only and waiting areas must adhere to strict social distancing. Face coverings required and staff to follow the *Enhanced Sanitation Guidelines for Nevada Salons*.

- **Professional Services and Other General Office Environments**: Legal services, accounting services, and real estate services should be conducted virtually or by telephone whenever possible. Staff should be **encouraged to continue to work from home** as much as possible or return to work in phases.

- **State and Local Governments**: State and local government offices may begin to open to the public during Phase 2 in a responsible way to provide services that cannot be provided online.

- **Cannabis Dispensaries**: no change from Phase 1 directive - retail cannabis dispensaries were able to offer curbside sales and home delivery as well as in-store sales pursuant to guidance from the Marijuana Enforcement Division / Cannabis Compliance Board.
Businesses that REMAIN CLOSED at Beginning of Phase 2

- **Special events & gatherings of more than 50 people**
- **Adult entertainment** establishments
- **Live sporting event** venues with spectators
- **Live performance** venues with spectators
- **Nightclubs & day clubs**

**Spectator-less and closed events**
- In Phase 2, spectators will NOT be allowed at events with live performances and performers. However, certain events will be allowed under specific restrictions for the purpose of broadcasting or live streaming, but they will NOT include a live audience or any spectators
  - This may include sporting events, concerts, theater performances, or other entertainment type events. There will be also be protocols for other spectator-less events that will not be filmed or broadcasted
  - To hold a spectator-less or closed event, the event operator is required to submit an operation plan to the appropriate entity with jurisdiction over the event. For example, the Gaming Control Board will approve events on gaming properties, the Nevada Athletic Commission will approve events for any athletic competitions that it regulates, and the Nevada Department of Business & Industry will approve all other operations
Other Businesses Previously Deemed Essential

Businesses that were originally deemed essential and that are not discussed further in this document must follow the general social distancing and sanitation guidelines as well as any other directives provided by the State. These establishments include, but are not limited to:

- **Healthcare** services
- Business that sell or rent *medical supplies*
- **Essential infrastructure** operations like construction & manufacturing, agriculture, and utilities
- Entities that provide food, shelter, or social services for *vulnerable populations*
- Transportation
- **Lodging** - Local agencies will not further define or limit which stays are considered essential and will allow essential stays to exceed the 28-day limit otherwise applicable to lodging facilities
- **Childcare** facilities
- **Media** services
- Plumbers, electricians, exterminators, home security, and other similar *service providers*
Guidance & Enforcement

Businesses must create individualized plans to mitigate the risks associated with Covid-19 and to ensure the safety of their employees and customers/guests. Anyone with concerns that a business is operating in a manner that is hazardous to the health of employees and customers/guests is encouraged to report to the appropriate regulatory body:

- City of Reno: Reno Direct at 775.334.INFO (4636) or RenoDirect@Reno.gov
- City of Sparks: 775.353.5555 or business@cityofsparks.us
- Washoe County: Dial 3-1-1 or 775.328.2003 or Washoe311@washoecounty.us
- Washoe County Health District: 775.328.2434

<table>
<thead>
<tr>
<th>Business</th>
<th>Regulatory Agency</th>
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<tbody>
<tr>
<td>Gyms &amp; Fitness Facilities (including studios)</td>
<td>By business location, contact appropriate agency as listed above:</td>
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<td>Body Art Establishments</td>
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<td>Massage Services</td>
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<td>• Or the Nevada Board of Massage Therapy: <a href="mailto:nvmassagebd@state.nv.us">nvmassagebd@state.nv.us</a></td>
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<td>Summer Camps (day and residential)</td>
<td>By Camp location, contact appropriate agency as listed above:</td>
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For employee concerns related to their workplace safety and compliance with these guidelines Nevada Occupational Safety and Health Administration (OSHA) is the appropriate enforcement agency and can be reached by calling 775-684-7270. Additional information can be found at [NV OSHA](#).

Each entities’ compliance staff will investigate complaints regarding businesses that are not in compliance with the COVID-19 directives and reopening restrictions. The agencies are giving initial courtesy notices and informational guidance packets to non-compliant businesses. If businesses still refuse to operate in accordance with the guidelines, law enforcement will be notified, which may result in citations, fines, and possible revocation of business licenses.

### Guidance & Enforcement, *Continued*

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| Aquatic Facilities / Swimming Lessons | By pool or aquatic facility location, contact appropriate agency as listed on previous page:  
• Reno  
• Sparks  
• Washoe County  
• Washoe County Health District                                                                 |
| Bars                             | By business location, contact appropriate agency as listed on previous page:  
• Reno  
• Sparks  
• Washoe County  
• Washoe County Health District                                                                 |
| Houses of Worship                | By location, contact appropriate agency as listed on previous page:  
• Reno  
• Sparks  
• Washoe County                                                                 |
Confirmed / Symptomatic Cases

✓ Immediately **isolate** the individual – seek medical care if necessary

✓ **Contact** the Washoe County Health District at (775) 328-2427 about suspected cases or exposure

✓ Shut down any facility or exposure area for **deep cleaning** and **disinfection** if possible
Quick Reference
Guidance by Industry

As facilities and businesses reopen, Washoe County is recommending that steps are taken to reduce further transmission in our community. The information in this document is based on Centers for Disease Control and Prevention (CDC) guidance and public health principals to help facilities open in a safe manner.

These guidelines are intended for the initial phases of reopening the economy and are subject to change depending on how the outbreak progresses.

✓ Gyms & Fitness Facilities (including studios)
x Body Art Establishments
✓ Skin Care Salons
✓ Massage Services
✓ Summer Camps (day and residential)
✓ Aquatic Facilities/Swimming Lessons (local and public pools)
✓ Bars
✓ Childcare Facilities – childcare additional guidance; these facilities have been open in Washoe County in Phase 1
✓ Houses of Worship
Gyms & Fitness Facilities (including studios)

Mandatory Procedures to be Followed

Facility Guidelines
- Limit access to members to provide adequate social distancing
- Regulate exercise equipment to provide 6 ft. social distancing or will be designated inoperable/turned off
- Limit group classes to allow for 6 ft. of spacing between members
- Limit playroom areas to no more than 10 children no longer than 2 hours.
- Post signage for social distancing, face covering, and WCHD information for symptomatic individuals
- Clean facilities/equipment with hospital grade chemicals per EPA List N and CDC guidance no less than 1 time per shift. Follow directions on chemical label regarding contact time
- Close locker rooms and employee break rooms until further notice
- Disinfect frequently high-contact surfaces such as door handles, light switches, seating, railings, cabinet/appliance handles, toilets, computers, etc.
- Close water fountains or only allow touchless hydration stations; encourage members to bring their own water

Member Guidelines
- Stay home if experiencing COVID-19 symptoms, a vulnerable population, or have had close contact with those diagnosed with COVID-19
- Maintain strict social distancing and wear a mask while using equipment or in the facility
- Wash hands frequently, use hand sanitizer, and use provided disinfectants on equipment before/after use
- Bring your own water

Employee Guidelines
- Wear face coverings at all times
- Stay home if experiencing COVID-19 symptoms, a vulnerable population, or have had close contact with those diagnosed with COVID-19
- Perform daily self-symptom assessment including monitoring for fever, cough, & trouble breathing
- Assign additional staff to clean and disinfect areas as necessary including high-contact surfaces such as door handles, light switches, seating, railings, cabinet/appliance handles, toilets, computers, etc.
- Wash hands upon arrival, before and after meals/breaks, after using the restroom, after blowing nose, before leaving

Questions and Additional Guidance

| Washoe County Health District | 775.328.2434 |
| City of Reno | Reno Direct at 775.334.INFO (4636) / RenoDirect@Reno.gov |
| City of Sparks | 775.353.5555 / business@cityofsparks.us |
| Washoe County | Dial 3-1-1 or 775.328.2003 / Washoe311@washoecounty.us |
Body Art Establishments

Mandatory Procedures to be Followed

Business Guidelines

- Ensure minimum 6 ft. between stations or install barriers
- Service by appointment and keep customers to a minimum in waiting areas or waiting in vehicles
- Post signage for social distancing, face covering, and WCHD information for symptomatic individuals
- Do not perform body art around the nose or mouth due to mask requirement
- Provide hand sanitizer stations
- Clean facilities/equipment with hospital grade chemicals per EPA List N and CDC guidance. Follow directions on chemical label regarding contact time
- Disinfect 3 times daily (minimum) high-contact surfaces such as door handles, light switches, seating, railings, cabinet/appliance handles, toilets, computers, etc.
- Disinfect stations including client tables and chairs following each body art procedure - CDC guidelines

Employee & Customer Guidelines

- Wear face masks at all times – both employees and customers
- Wear vinyl or nitrile exam gloves to perform body art as required by regulation
- Stay home if are experiencing COVID-19 symptoms, in a vulnerable population, or have had close contact with those diagnosed with COVID-19
- Perform daily self-symptom assessment including monitoring for fever, cough, & trouble breathing
- Remove shared items such as magazines and artist books from client contact
- Assign additional staff to clean and disinfect areas as necessary including high-contact surfaces such as door handles, light switches, seating, railings, cabinet/appliance handles, toilets, computers, etc.
- Wash hands upon arrival, before and after meals/breaks, after using the restroom, after blowing nose, before leaving
- Contact Washoe County Health District about suspected cases or exposures
- Shut down the Body Art Establishment and thoroughly sanitize following suspected or confirmed case on site

Questions and Additional Guidance

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Skin Care Salons

Mandatory Procedures to be Followed

Business Guidelines

- Ensure **minimum 6 ft. between stations** or install barriers
- **Service by appointment** and keep customers to a minimum in waiting areas or waiting in vehicles
- **Post signage** for social distancing, face covering, and **WCHD information for symptomatic** individuals
- **Disinfect daily** (minimum) **high-contact surfaces** such as door handles, light switches, seating, railings, cabinet/appliance handles, toilets, computers, etc.
- **Disinfect stations** including furniture **between guests** per **CDC guidelines**
- **Ventilate** reception area and session room often by opening doors/windows
- Provide **clean linens** for each guest; follow **CDC guidelines** for linen laundering and clean floors at the end of each day per CDC guidelines
- Provide **hand sanitizer** and **remove items from reception** area (magazines, product samples, drinks etc.)
- Consider altering your menu of services/remove treatments that may put you or your client at risk (ear / nose waxing, extractions)

Technician & Customer Guidelines

- Wear **face masks** at all times – both employees and customers
- Wear **disposable nitrile gloves** throughout entire esthetic service, during sanitation & disinfection after each client session, handling paperwork/payment
- Consider using mag light and/or a **face shield as an additional barrier** from aspirations between practitioner and client
- **Stay home** if experiencing COVID-19 symptoms, a vulnerable population, or have had close contact with those diagnosed with COVID-19
- Perform **daily self-symptom assessment** including monitoring for fever, cough, & trouble breathing
- Assign additional staff to **clean and disinfect areas** as necessary including high-contact surfaces such as door handles, light switches, seating, railings, cabinet/appliance handles, toilets, computers, etc.
- **Wash hands** upon arrival, before and after meals/breaks, after using the restroom, after blowing nose, before leaving

Questions and Additional Guidance

| Nevada Board of Cosmetology | inspection@nvcosmo.com |
| City of Reno | Reno Direct at 775.334.INFO (4636) / RenoDirect@Reno.gov |
| City of Sparks | 775.353.5555 / business@cityofsparks.us |
| Washoe County | Dial 3-1-1 or 775.328.2003 / Washoe311@washoeccounty.us |
Massage Services

Mandatory Procedures to be Followed

- Ensure **minimum 6 ft. between stations** or install barriers
- **Service by appointment** only. Have customer wait in vehicles/outside until called
- **Post signage** for social distancing, face covering, and WCHD information for symptomatic individuals
- Provide **hand sanitizer** stations
- **Disinfect** high-contact surfaces between clients (door handles, light switches, seating, railings, cabinet/appliance handles, toilets etc.)
- **Ventilate the reception area** and session room **often by opening doors/windows**
- **Disinfect** massage tables/furniture between guests per CDC guidelines
- Provide **clean linens & face rest** for each guest; follow CDC guidelines for linen laundering
- **Wash hands with soap and water for 20 seconds before and after each client.**
- **Clean floors** at the end of the day per CDC guidelines
- Locker/changing rooms to remain closed
- Consider updated consent form to account for risk of COVID-19 infections
- For more in depth information visit American Massage Therapy Association

Business Guidelines

- **Both** client and practitioner must wear face masks at all times
- Remove items from reception area (magazines, product samples, drinks etc)
- Assign additional staff to **clean and disinfect areas** as necessary including high-contact surfaces such as door handles, light switches, seating, railings, cabinet/appliance handles, toilets, computers, etc.
- **Wash hands** upon arrival, before and after meals/breaks, after using the restroom, after blowing nose, before leaving
- **Stay home** if experiencing COVID-19 symptoms or have had close contact with those diagnosed with COVID-19
- Perform **daily self-symptom assessment** including monitoring for fever, cough, & trouble breathing
- Wash hands upon arrival, after blowing nose/sneezing, before leaving

Customer Guidelines

Questions and Additional Guidance

<table>
<thead>
<tr>
<th>Nevada Board of Massage Therapy</th>
<th><a href="mailto:NVMassagebd@state.nv.us">NVMassagebd@state.nv.us</a></th>
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Summer Camps (day and residential)

Mandatory Procedures to be Followed

- May reopen only if able to abide by social distancing requirements
- Prepare and distribute policies to guardians for children to follow prior to attending
- Staff must wear facial coverings.
- Provide campers personal storage space for personal belongings
- Post signage for social distancing, face covering, and WCHD information for symptomatic individuals
- Provide hand sanitizer stations throughout site
- Disinfect high-contact surfaces between throughout day (door handles, light switches, seating, railings, cabinet/appliance handles, toilets etc.)
- Ventilate often by opening doors/windows
- Hold as many activities as possible outdoors
- Daily deep disinfection of high contact surfaces (e.g. door handles, light switches, seats, railings, cabinetry handles, appliance handles, toilets, countertops, phones, tables, etc.). Establish a regular cleaning schedule per CDC guidelines
- Locker/changing rooms to remain closed
- Consider implementing staggered scheduling, arrival and drop-off, if feasible.
- Drop off and pick up: line up outside building, line up following social distancing guidelines
- Require social distancing to maximum extent possible. Increase spacing and small groups. Limit mixing between groups to encourage social distancing.
- Limit the mixing of children, such as staggering playground times and keeping groups separate for special activities such as art, music, and exercising
- If possible, classes should include the same group each day, and the same staff should remain with the same group each day
- If a cafeteria or group dining room is typically used, serve meals in classrooms instead. If meals are typically served family-style, plate each child’s meal to serve it so that multiple children are not using the same serving utensils.
- Food prep staff must wear nitrile gloves and facial coverings; use disposable plates, utensils.
- Toys and equipment that cannot be cleaned and sanitized should not be used.
- If using bedding (sheets, pillows, blankets, sleeping bags), use bedding that can be washed. Keep each child’s bedding separate, and consider storing in individually labeled bins, cubbies, or bags

Guidance continued on next page
Summer Camps (day and residential), Continued

**Mandatory Procedures to be Followed**

- Encourage children to **wear facial coverings**
- **Label all personal belongings** (including bathing suits, towels, and sunscreen, paper lunch bags, containers, water bottles etc.)
- Campers and staff will **wash hands** upon arrival, before/after meals/breaks, after using restroom, after blowing nose, before leaving
- Ask guardians to **take their child’s temperature** either before coming to the facility or upon arrival at the facility. Ask the parent/guardian to confirm that the child does not have fever, shortness of breath or cough
- Ideally, the same parent or designated person should drop off & pick up every day
- Campers and staff **should stay home** if experiencing COVID-19 symptoms or have had close contact with those diagnosed with COVID-19
- Do not use communal water fountains
- Immediately isolate and seek medical care for any individual who develops symptoms while at work and follow **CDC guidelines**

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Aquatic Facilities

Mandatory Procedures to be Followed

Aquatic Facility Guidelines

- **Clean and disinfect frequently touched surfaces** and shared objects each time they are used to include lounge chairs, tabletops, pool noodles, and kickboards, door handles and surfaces of restrooms, handwashing stations, diaper-changing stations, and showers.
- Ensure that all **water systems** (for example, drinking fountains, decorative fountains) are **safe to use** after a prolonged facility shutdown to minimize the risk of **Legionnaires’ disease** and other diseases associated with water.
- Bather load must be kept at 50% or 40 square feet per bather or less to allow for 6 ft. separation in the pool.
- **Post a sign** at entry to the Aquatic Facility prohibiting entry for ill individuals and specifying the symptoms of COVID-19 as established by the CDC.
- Keep all pool **furniture 6’ apart**.

Employee & Guest Guidelines

- **Screen all Aquatic Facility employees** for symptoms of COVID-19 prior to work for reopening and every day.
- Keep **call-in logs for sick employees** to include name, date, symptoms and symptom onset. Require employees to stay home if symptomatic.
- Employees must **wear face-coverings** whenever coming within 6’ of each other or bathers.
- Employees must **wash hands** with soap and water for 20 seconds prior to starting their shift and as often as necessary throughout the day.
- **Send home sick employees** immediately and enter in employee sick log.
- Suspend all in and out of water activities including team sports that do not by design adhere to 6’ social distancing until COVID-19 social distancing requirements lifted by Governor.

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Bars and Taverns

Mandatory Procedures to be Followed

Business Guidelines

- Establish **maximum capacity** (50% of fire code)
- **Post sign** at entry prohibiting entry for ill individuals
- **Continue curbside, delivery**, and/or pickup to minimize crowding inside Bar or Tavern
- **Arrange bar seating for 6 ft. social distancing** and maintain a minimum of 6 ft. distance between individuals sitting at tables
- **Disinfect all high touch areas** including light switches, door handles, sinks, sink handles, countertops and bar-tops regularly
- **Sanitize all bar-tops**, table-tops and seating in between customers with a sanitizer EPA registered for COVID-19
- **Clean and sanitize restrooms** at least twice daily & after closing and as needed depending on use
- **Remove all self-serve items** and snacks from the bar and tables
- Make **hand sanitizer available** for staff and public use
- **Suspend all events & parties** until social distancing guidelines are lifted by the Governor

Employee & Customer Guidelines

- **Screen all employees for symptoms** of COVID-19 prior to coming back to work for reopening and every day prior to starting their shift
- Keep **call-in logs for sick employees** to include name, date, symptoms & symptom onset
- Require employees to **stay home if symptomatic**
- Require employees to **wear face-coverings** and nitrile or vinyl gloves at all times
- Require employees to **wash hands** with soap and water for 20 seconds prior to starting their shift, after handling any customer utensils and as often as necessary to remove contamination.
- **Send home** sick employees immediately and enter in employee sick log

Questions and Additional Guidance

| Washoe County Health District | 775.328.2434 |
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**Childcare Facilities**

### Mandatory Procedures to be Followed

- Have facility staff **take in children from outside** if no traffic danger
- **Sanitize all high-touch areas** 3 times daily to include mid-morning, mid-afternoon and at the end of the day and as needed including light switches, door handles, sink handles and countertops with a sanitizer that is EPA approved for COVID-19 and in accordance with application requirements as per label
- **Provide EPA-registered disposable wipes** to teachers / staff to sanitize commonly used surfaces (e.g., keyboards, desks, bookshelves) before each use
- **Remove all soft toys**, mouthed toys, sensory bins and water tables from play areas.
- **Sanitize indoor and outdoor play equipment** after each group play with a sanitizer that is EPA approved for COVID-19 and in accordance with application requirements as per label
- **Post signage** for social distancing, face covering, and **WCHD information for symptomatic** individuals
- **Stagger staff shifts** to encourage social distancing; require teachers and children to wash hands prior to shift
- **Suspend outdoor activities** that do not adhere to 6 ft. social distancing until requirements are lifted; clear or limit use of outdoor furniture or equipment for sanitary and social distancing practices as practicable

### Business Guidelines

- **Screen all individuals for symptoms** of COVID-19; take temperature every day prior to entering the campus or building
- **Log call-ins for absentee children** and staff to include symptoms and continue to report all suspected outbreaks to the Washoe County Health District
- **Develop a procedure for isolation** for symptomatic children, students, staff
- **Exclude individuals with symptoms** of illness until prescribed period as established by the Health Authority and a minimum of 72 hours following symptoms during COVID-19 pandemic
- **Suspend all visits by parents and individuals** or children who are not part of the childcare operations.

### Employee & Customer Guidelines

- **Exhibit PEI-registered disposable wipes** to teachers / staff to sanitize commonly used surfaces (e.g., keyboards, desks, bookshelves) before each use
- **Remove all soft toys**, mouthed toys, sensory bins and water tables from play areas.
- **Sanitize indoor and outdoor play equipment** after each group play with a sanitizer that is EPA approved for COVID-19 and in accordance with application requirements as per label
- **Post signage** for social distancing, face covering, and **WCHD information for symptomatic** individuals
- **Stagger staff shifts** to encourage social distancing; require teachers and children to wash hands prior to shift
- **Suspend outdoor activities** that do not adhere to 6 ft. social distancing until requirements are lifted; clear or limit use of outdoor furniture or equipment for sanitary and social distancing practices as practicable

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Houses of Worship

Mandatory Procedures to be Followed

- **Stagger service times** to ensure social distancing
- Attendees shall **wear masks** during service and refrain from **physical contact**
- Establish and enforce **maximum occupancy limits** during services
- Signage to encourage attendees and staff to wash hands throughout the day
- **Following service provide spacing** with a minimum of 6’ distance between individuals congregating
- **Following service sanitize all high touch areas** including light switches, door handles, sinks, sink handles and countertops with a sanitizer that is EPA approved for COVID-19 and in accordance with application requirements as per label
- **Remove all self-serve items**; distribution of communion should be from individual/disposable containers

Guidelines

- **Stay home** if you are sick/have symptoms of COVID-19
- **Post signage** at entry to building prohibiting entry for ill individuals and specifying the symptoms of COVID-19 as established by the CDC
- **Screen all individuals** for symptoms of COVID-19 every day prior to entering
- Encourage **vulnerable populations to stay at home** and participate in virtual services
- Ensure **6 ft. social distance** before, during, in between services until COVID-19 social distancing requirements are lifted by the Governor
- Develop a procedure for **isolation for ill attendees** and staff
- Provide **PPE for staff and cleaning staff** to include face masks and gloves

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