

Massage Services

Mandatory Procedures to be Followed

Business Guidelines

- Ensure **minimum 6 ft. between stations** or install barriers
- **Service by appointment** only. Have customer wait in vehicles/outside until called
- **Post signage** for social distancing, face covering, and [WCHD information for symptomatic](#) individuals
- Provide **hand sanitizer** stations
- **Disinfect** high-contact surfaces between clients (door handles, light switches, seating, railings, cabinet/appliance handles, toilets etc.)
- **Ventilate the reception area** and session room **often by opening doors/windows**
- **Disinfect** massage tables/furniture between guests per [CDC guidelines](#)
- Provide **clean linens & face rest** for each guest; follow [CDC guidelines](#) for linen laundering
- **Wash hands with soap and water for 20 seconds before and after each client.**
- **Clean floors** at the end of the day per [CDC guidelines](#)
- Locker/changing rooms to remain closed
- Consider updated consent form to account for risk of COVID-19 infections
- For more in depth information visit [American Massage Therapy Association](#)

Customer Guidelines

- **Both** client and practitioner must wear face masks at all times
- Remove items from reception area (magazines, product samples, drinks etc)
- Assign additional staff to **clean and disinfect areas** as necessary including high-contact surfaces such as door handles, light switches, seating, railings, cabinet/appliance handles, toilets, computers, etc.
- **Wash hands** upon arrival, before and after meals/breaks, after using the restroom, after blowing nose, before leaving
- **Stay home** if experiencing COVID-19 symptoms or have had close contact with those diagnosed with COVID-19
- Perform **daily self-symptom assessment** including monitoring for fever, cough, & trouble breathing
- Wash hands upon arrival, after blowing nose/sneezing, before leaving

Questions and Additional Guidance

Nevada Board of Massage Therapy
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City of Sparks
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