



COVID-19 Vaccine Quarantine Guidelines

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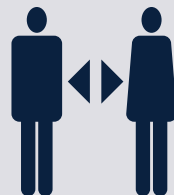
WASHOE COUNTY HEALTH DISTRICT
ENHANCING QUALITY OF LIFE

WHAT TO DO IF YOU HAVE COVID-19

Regardless of Symptoms or Vaccination Status



STAY HOME FOR THE NEXT FIVE DAYS REGARDLESS OF VACCINATION STATUS.



STAY HOME AWAY FROM OTHER PEOPLE INCLUDING THOSE IN YOUR OWN HOUSEHOLD.



IF YOU CAN'T STAY AWAY FROM YOUR HOUSEHOLD MEMBERS, WEAR A 3-LAYER (OR BETTER) MASK.

DO YOU HAVE SYMPTOMS? IF YES - WHAT DAY DID THEY START? (THIS IS DAY "0")
IF NO - WHAT DAY DID YOU FIRST TEST POSITIVE? (THIS IS DAY "0")

DO YOU HAVE A FEVER OR OTHER SYMPTOMS THAT ARE NOT GETTING BETTER ON DAY SIX?



24 HOURS

IF YES

- Stay home until your fever is gone for 24 hours and other symptoms are better.
- Wear a mask for the next five days.

5 DAYS



5 DAYS

IF NO

- Resume activities with a mask.
- Wear a well-fitted mask for the next five days.
- Cannot remove mask around others (even if eating, drinking or going to gyms, etc.)



IF YOU ARE HAVING SYMPTOMS OF COVID-19 AND WAITING FOR YOUR TEST RESULTS, STAY HOME UNTIL YOU GET YOUR RESULTS.

<https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>